

## **Do I have to let the person know?**

It is usually best to have a conversation with the person you are concerned about, if and when it is safe to do so. You should ask what they think about the situation, and to say you are concerned about them. Explain why you are concerned, and that you wish to seek help for them.

## **What if the person says no?**

There are times when the person does not have to agree to you sharing information, including, but not limited to; other people are/ may be at risk (including children), a serious crime has been committed, the person may be under duress or coercion.

If none of the above apply, you can still ask for advice. This can be done anonymously.

## **Who do I contact?**

### **To report a crime:**

In an emergency, call the police on 999.

If the person is not in immediate danger, call the police on 101.

### **To report a safeguarding concern or to seek advice:**

Call Adult Social Care on 0345 050 76 66 (Monday to Friday)

Or report online anytime at [www.osab.co.uk](http://www.osab.co.uk) click on 'Concerned about an adult?'

# Are you concerned about an adult?



**SEE IT. HEAR IT. REPORT IT.**

**CALL OXFORDSHIRE COUNTY  
COUNCIL ON  
0345 050 76 66**

**OSAB**

Oxfordshire Safeguarding Adults Board

## What is your concern?

If you are concerned that a friend, neighbour or relative is being badly treated, they may be being abused or neglected. If you are concerned they aren't looking after themselves, they may be neglecting themselves.

Abuse is when someone does or says things to another person to hurt, upset or make them frightened. Neglect is when someone who should be looking after you isn't doing so and it is causing you injury or harm. See the 'Different forms of abuse' section on the opposite page for more information.

Adult abuse and neglect is wrong. It can happen to anyone, can happen anywhere, and can be committed by anyone. If you are concerned someone is being abused or neglected or is self-neglecting, call 0345 050 7666 and select option 4 "Adult being abused or neglected".

If you're concerned that someone is starting to struggle to care for themselves, they may need a care needs assessment. You or they can request one by calling 0345 050 7666 and selecting the option 'Adult Social Care'.

## Who are you concerned about?

Some adults find it harder to get help and may be more at risk of harm and exploitation such as those with:

- a disability
- a mental health condition
- a temporary or long-term illness

## Different forms of abuse:

**Physical:** such as being hit, locked in a room or inappropriate restraint.

**Psychological:** such as being shouted at, ridiculed or bullied, being made to feel frightened.

**Financial:** such as theft, fraud, misuse of someone else's finances or resources, such as their home.

**Neglect:** involves the failure to provide care or support that results in someone being harmed.

**Self-neglect:** when an adult fails to take adequate care of themselves and it is having a substantial impact on their wellbeing.

**Sexual:** such as being made to take part in a sexual activity when the adult is unable to, or has not, given their consent.

**Domestic:** when abuse occurs between partners or by a family member.

**Modern Slavery:** such as forced labour and human trafficking.

## What is 'safeguarding'?

Safeguarding is about protecting people from abuse, preventing abuse from happening and making people aware of their rights. Abuse is always wrong and no adult should have to live with abuse.